

## Lunch Menu

Guest Name \_\_\_\_\_

Tour Date \_\_\_\_\_

We proudly offer lunches prepared by Wildflower Bread Company on all of our Tours. Sandwiches are prepared “dry” so lettuce, tomato, onion, and condiments will be packaged on the side and in a separate container; or choose a Tempting Salad with dressing on the side, your choice!

### Sandwiches

Served with a signature Wildflower side dish

**Turkey Breast & Brie** - Oven-roasted turkey breast (96% fat free), brie, roasted red peppers, romaine, tomato & nine grain mustard on Herb Bread

**Almond Tuna** - Albacore tuna, smokehouse almonds, apple, celery, green onions, & mayo with dill pickle, romaine, tomato, clover sprouts & grain mustard on 9-Grain

**Roasted Sweet Potato** - Roasted sweet potato, fresh mozzarella, fig confit, tomato, argula, marinated fennel & balsamic vinaigrette on Herb Focaccia

**Honey-Cured Ham & Swiss** - 92% fat-free ham, swiss, red onions, tomato, dill pickle, romaine & honey mustard on Pasilla Chile Rye

**Chicken Salad** - Chicken breast, red & green peppers, jicama, green onions, lemon, garlic & mayo with tomato, cucumber, romaine & clover sprouts on 9-Grain

**Roast Beef & Gorgonzola** - 94% fat-free rare roast beef, gorgonzola, roasted red peppers, red onions, romaine, tomato, & herb mayo on Sourdough

### Tempting Salads

Fresh-baked bread & a recommended dressing

**Emerald Spinach** - Spinach, gorgonzola, bacon, red onions, spicy pecans, oranges, strawberries & red grapes with balsamic vinaigrette *Contains: milk, egg, nuts, wheat, & soy*

**Turkey Waldorf** - 96% fat free oven-roasted turkey breast, gala apples, red grapes, carrots, celery, jicama, red onions, & coleslaw dressing served atop field greens with dried cranberries, spicy pecans & balsamic vinaigrette *Contains: egg, nuts, wheat, & soy*

**Wildflower Salad** - Field of greens, tomato, celery, carrots, jicama, red peppers, green & red onions, sunflower seeds & lavender with cilantro lime vinaigrette *Contains: wheat & soy*

**Mediterranean Salad** - field of greens, feta, artichokes, Greek olives, marinated mushrooms, red peppers, red onions, sunflower seeds & mint with balsamic vinaigrette *Contains: milk, nuts, wheat, & soy*

### Other

**PB Sandwich** – Peanut butter on Sourdough

**PB&J** – Peanut butter & jelly on Sourdough

If a guest has food allergies please feel comfortable to bring other food. If nothing is selected 24 hours before the tour Turkey Breast & Brie will automatically be ordered.

Guest 1	Bread	Cheese
Guest 2	Bread	Cheese
Guest 3	Bread	Cheese
Guest 4	Bread	Cheese
Guest 5	Bread	Cheese
Guest 6	Bread	Cheese
Guest 7	Bread	Cheese
Guest 8	Bread	Cheese

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